



VIRUDHUNAGAR M.S.P.NADAR COLLEGE OF EDUCATION

Run by VHNSN College Paripalana Sabai

Affiliated to Tamil Nadu Teachers' Education University, Chennai.

VIRUDHUNAGAR - 626001



GUIDANCE AND COUNSELLING

Total Marks : 100

Total Hours : 30

OBJECTIVES:

At the end of the course, the student- teachers will be able to

1. describe the different services in the school guidance programme
2. understand the various therapies in counselling
3. know the qualities required for a good counsellor
4. understand the various types of counseling
- 5.. describe the various testing devices in guidance

UNIT I : Guidance

Guidance- Meaning, Definitions, Aims, Nature, Principles and Needs. Types- Educational, Vocational, Personal, Social- ways to improve guidance services in India - Benefits- Limitations

UNIT II : Counselling

Counselling– Meaning, Definitions, Elements–Characteristics – Objectives – Need – Types: Directive Counselling, Non-Directive Counselling, Eclectic Counselling – Difference between Counselling and Guidance.

UNIT III : Qualities of a Counsellor

Counsellor – Qualities – Functions- Professional Ethics- Role of Teacher as counselor..

UNIT IV : Testing Devices in Guidance

Testing devices in guidance-Meaning, Definition, Measurement, Uses of psychological tests: Intelligence tests – Aptitude tests- Personality Inventories- Attitude scales – Achievement tests – Creativity tests -Mental health – frustration conflict.

UNIT V : Guidance Services in Schools

Guidance services at different school levels–Meaning, Significance, and Types – Organization of Guidance services in schools – Role of guidance personnel – Career and Occupational Information – Sources, gathering, filing, dissemination- Career Corner- Career Conference- Career exhibitions.

SUGGESTED REFERENCE BOOKS:

- Aggarwal, J. C. (1991). Educational, vocational guidance and counseling. New Delhi: Doabai House. Anne, A. (1982). Psychological testing. New York: McMillan Company.
- Meenakshisundaram, A. (2005). Guidance and counseling. Dindigul: Kavyamala Publishers.